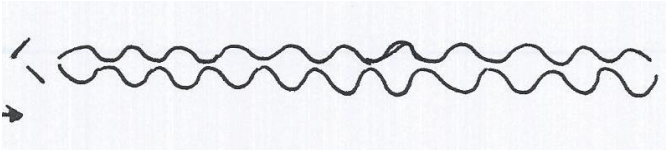
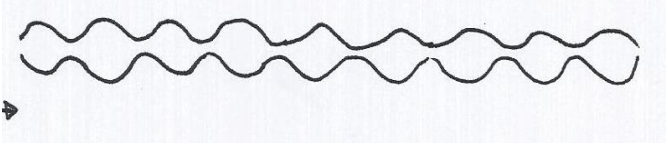
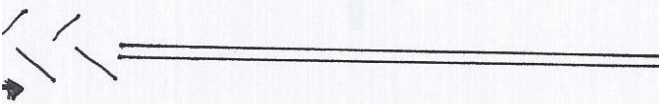
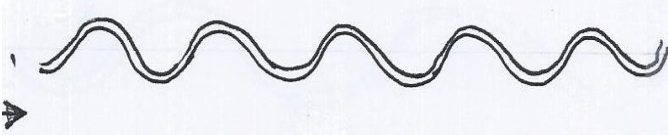
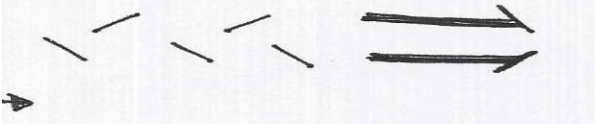


BREVET 1

	← Breedte ijsbaan →
<ul style="list-style-type: none">- Visjes voorwaarts	 A diagram showing a forward weaving pattern on a light blue background. It consists of two parallel wavy lines that cross each other in a regular, repeating fashion. A small arrow on the left points to the right, indicating the direction of travel.
<ul style="list-style-type: none">- Visjes achterwaarts	 A diagram showing a backward weaving pattern on a light blue background. It consists of two parallel wavy lines that cross each other in a regular, repeating fashion. A small arrow on the left points to the left, indicating the direction of travel.
<ul style="list-style-type: none">- Hurkzit	 A diagram showing a crouching position on a light blue background. It features two parallel horizontal lines representing the skis. To the left, several short, diagonal lines represent the skier's legs and feet in a crouched stance. A small arrow on the left points to the right, indicating the direction of travel.
<ul style="list-style-type: none">- Voorwaartse slalom op 2 voeten- Voeten +/- aansluiten- Slalom vrij kort houden	 A diagram showing a forward slalom pattern on a light blue background. It consists of two parallel wavy lines that cross each other in a regular, repeating fashion. A small arrow on the left points to the right, indicating the direction of travel.
<ul style="list-style-type: none">- Sneeuwpliegrem voorwaarts	 A diagram showing a snowplow stop pattern on a light blue background. It features two parallel horizontal lines representing the skis. To the left, several short, diagonal lines represent the skier's legs and feet in a snowplow stance. A small arrow on the left points to the right, indicating the direction of travel.